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Love and Compassion System



Channeled by

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My gratitude goes out to

~ Spirit ~

*for gifting me these beautiful energies
that I may pass on as a gift for humanity*


Love

愛

“Widen Your Heart To Embrace
The World”

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Compassion



It is wonderful to be able to experience love and compassion. This system works with the energies of Love and Compassion from God and is designed to let you experience more of these qualities in your life.

This system nurtures and teaches the soul. Because of this you will be able to give, receive and experience more love and compassion each day and even more each time you consciously use it. You will become more heart-centered and start to act more and more from the loving space of your Heart.

How this system works

Next to the 7 primary chakras most of us are familiar with there are more additional chakras within our physical body energy system. Just above the 4th primary chakra, the Heart chakra, there is another chakra called the Higher Heart chakra.


The Heart Chakra is our expression of love. This love includes everything we can see, feel and understand.


The Higher Heart goes beyond our personal boundaries and is our expression of God's Love and Compassion. It is the place where Unconditional Love of the Source enters the body naturally. When open and balanced we feel love, compassion and forgiveness for all, including ourselves.

Sometimes this chakra is called the High Heart, Etheric Heart or Thymus center and it is located half-way between your Heart chakra and the clavicle area (v-shaped area at start of your neck). The back of your Higher Heart is between your shoulder blades.

In this modern day world it is usual for the Higher Heart, as the portal to receive and send the energies of love and compassion of God, to shut down and not be functional by the time a person reaches puberty.

This system has the energy frequencies to reawaken, open and strengthen the Higher Heart. These frequencies also heal the Heart center and our ability to feel and express love and compassion of all types. The system opens the full flow of the energies of Love and Compassion and our ability to easily carry that flow through all levels of who we are.





This system is both autonomous and activateable.

The autonomous energies work down from God and the soul level. They give you the constant refill of the Love and Compassion energies from God autonomously. And they keep working after the first receipt of the attunement.

This action is reinforced and increased even more with each time a person consciously activates this system. This also allows people to really feel the energies if they are sensitive to subtle energies. The flow of the energies will also be increased when you are sending this system's energies to other people or when working with them on yourself.

When activated your whole being and energy field become infused with the energies of Love and Compassion. Your energy bodies will lighten up and every block within them will slowly melt away.

Your Higher Heart is healed, opened and strengthened as far as the person is ready for this to happen. You do not need to know where the Higher Heart is placed for this to take place. It is the primary purpose of these energies.

After that the energies will go to the place where they are most needed anywhere throughout your energy field.



Possible ways of using this system


This system's energies will increase a person's sense of safety and security in this world, because we know we are supported by the energy that created us. We have the continued support. We can trust that we will have the wisdom and immediate intuition if we need to take action to be safe. So there is no longer need to hold on to pain. We don't need to be reminded of the past to be safe now. Love can melt away the pain and support us.

These energies of Love and Compassion can help you in all areas of your life, whether it be physical, emotional, mental or spiritual.

- When you for example direct the energies yourself or ask (your Higher Self or any other higher power) to direct the energies to certain areas of your body that have received injury, strain, stress, trauma or feel tense, these areas can receive relief and can even be fully healed.
- You can also direct the energies of Love and Compassion with your intention to feelings or memories of discomfort, sadness, anger, fear, frustration, loneliness etc to heal the emotion and the underlying reason for this emotion.

Hold in your mind a memory or event that has feelings of difficulty. Then activate the love and compassion energy while holding this in memory in your mind and allow the love and compassion energy to move through it and melt away the uncomfortable emotions. (Of course only the areas that no longer have a lesson or positive purpose for us will melt away)

- Another way of using this system is by using the energies for manifesting and bringing our hopes to reality. You can activate the system and while being in the energies of Love and Compassion visualize your goals, hopes and wants in life. This puts you in the flow of Divinity. You will feel safe and loved within these energies and more easily allow the good you really want to arrive into your life.
- You can direct the energies to heal and open your other chakras or other parts of your energy field as well.
- Or you can just relax, feel safe and meditate within these energies.



The energies of this system are for the highest good of all and help to become enlightened. They can only be used in this way.

This system will work autonomously to grow, adjust and expand in harmony with you when you grow spiritually.

When you are attuned to this system you will be able to attune others to this system as well.

This system can be used to foster healing of yourself as well as others through hands on and distant healing. God's love and compassion will go naturally to where it is needed in our body and our lives. For distant healing, you can visualize sending these energies directly out to others from your Higher Heart, or let the energies drop down to your personal Heart Center and emanate them out from there.

This system can be used purely on intention. To (de-)activate this system you can purely use your intention or say something like "Love and Compassion System on/off".

There are no symbols

There is no prerequisite

THIS SYSTEM IS TO BE DISTRIBUTED FOR FREE. IT IS **FREE OF CHARGE**. YOU MAY NOT ASK MONEY FOR THIS SYSTEM'S ATTUNEMENT, MANUAL OR IT'S CERTIFICATE.

You may however charge for your time. You may ask money for the time it takes you to attune someone to this system.





Attunement procedure:

Like always when receiving an attunement, get comfortable and relax so the energies can flow more easily. You can do this by taking three deep breaths to release the tension and stress of the day. When you are ready for your attunement say,

“I accept the Love and Compassion System attunement from (name of teacher) now,”

and you will be receiving the attunement. Then just allow the energies to flow in. Relax and enjoy the energies. You will need about 10 to 20 minutes of quiet time to receive your attunement.

To pass this attunement:

Get comfortable and relax. Release the tension and stress of the day by taking three deep breaths exhaling slowly. Then say something like,

“I ask that (name of student) be attuned to the Love and Compassion System.” You can change this sentence to suit your students needs, for example you can add time and date.

You can pass and receive this attunement in person, distantly, or as chi ball call in method. However you and your client prefer. Anyone can receive this attunement.

Please do not change this manual in any way.

If you are ill, please see your physician. This is a spiritual self healing energy system. You are fully responsible for the way you experience any energy or information from this system or manual.

I hope you enjoy this system very much! May it enlighten your path!!

Love and Light

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